The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.meritain.com or call (660) 542-1695. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call Meritain Health, Inc. at (800) 925-2272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For Tier 1 providers: $0 person / $0 family For Tier 2 providers: $1,500 person / $4,500 family For Tier 3 providers: $4,000 person / $12,000 family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. For Tier 1 providers: All services are covered before you meet a deductible. For Tier 2 providers: Preventive care, emergency room care, urgent care office visit charges. bereavement counseling, outpatient surgery physician fees and office visit charges are covered before you meet your deductible. For Tier 3 providers: Emergency room care-emergency services only are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	For Tier 1 providers: $4,000 person / $9,500 family For Tier 2 providers: $4,000 person / $9,500 family For Tier 3 providers: Unlimited person / Unlimited family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.aetna.com/docfind/custom/mymeritain or call (800) 343-3140 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.

Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 Carroll County Memorial Hospital, Jefferson Medical Group and Reid Medical Clinic	Tier 2 Participating Providers	Tier 3 Non-Participating Providers	
		(You will pay the least)	(You will pay the most)		
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$25 copay/visit (office visit)/No Charge (all other services)	$30 copay/visit (office visit)/20% coinsurance (all other services)	50% coinsurance	Copay applies to the physician office visit only (includes telemedicine other than Teladoc). There is no charge and the deductible does not apply if you receive consultation services through Teladoc.
	Specialist visit	$30 copay/visit (office visit)/No Charge (all other services)	$60 copay/visit (office visit)/20% coinsurance (all other services)	50% coinsurance	
	Preventive care/ screening/ immunization	No Charge	No Charge (preventive care & routine care up to age 19)/No charge for the 1st $500 per year, then 20% coinsurance (routine care age 19 and over)	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	20% coinsurance	50% coinsurance	----------none----------
	Imaging (CT/PET scans, MRIs)	No Charge	20% coinsurance	50% coinsurance	Preauthorization recommended for PET scans and non-orthopedic CT/MRI's.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 Carroll County Memorial Hospital, Jefferson Medical Group and Reid Medical Clinic	Tier 2 Participating Providers	Tier 3 Non-Participating Providers	
		(You will pay the least)	(You will pay the most)		
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.medone-rx.com	Generic drugs	Greater of $10 copay or 25% copay (30-day retail or mail order)/Greater of $20 copay or 25% copay (60-day retail or mail order)/ Greater of $25 copay or 25% copay (90-day retail or mail order)		Not Covered	Deductible does not apply. Covers up to a 90-day supply (retail prescription); 90-day supply (mail order prescription); 30-day supply (specialty drugs). The copay applies per prescription. There is no charge for preventive drugs. Dispense as Written (DAW) provision applies. Specialty drugs must be obtained directly from the specialty pharmacy. Step therapy provision applies.
	Preferred drugs	Greater of $30 copay or 25% copay (30-day retail or mail order)/Greater of $60 copay or 25% copay (60-day retail or mail order)/ Greater of $75 copay or 25% copay (90-day retail or mail order)		Not Covered	
	Non-preferred drugs	Greater of $60 copay or 25% copay (30-day retail or mail order)/Greater of $120 copay or 25% copay (60-day retail or mail order)/ Greater of $150 copay or 25% copay (90-day retail or mail order)		Not Covered	
	Specialty drugs	25% copay		Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	20% coinsurance	50% coinsurance	Preauthorization recommended for certain surgeries. See your plan document for a detailed listing.
	Physician/surgeon fees	No Charge	No Charge	50% coinsurance	

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 Carroll County Memorial Hospital, Jefferson Medical Group and Reid Medical Clinic	Tier 2 Participating Providers	Tier 3 Non-Participating Providers	
		(You will pay the least)	(You will pay the most)		
If you need immediate medical attention	Emergency room care	Emergency services: $50 copay/visit Non-emergency services: $50 copay/ visit (facility charges) /No Charge (professional fees)	Emergency services: $50 copay/visit Non-emergency services: 20% coinsurance (facility charges & professional fees)	Emergency services: $50 copay/visit Non-emergency services: $100 copay/visit, then 50% coinsurance (facility charges)/ 50% coinsurance (professional fees)	Tier 2 and Tier 3 providers are paid at the Tier 1 provider level of benefits for emergency services. Copay is waived if admitted to the hospital.
	Emergency medical transportation	Not Covered	20% coinsurance	20% coinsurance (emergency services)/50% coinsurance (non-emergency services)	Tier 3 providers are paid at the Tier 2 provider level of benefits for emergency services.
	Urgent care	Not Covered	$30 copay/visit (office visit)/ 20% coinsurance (all other services)	50% coinsurance	Copay applies to the physician office visit only.
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	20% coinsurance	50% coinsurance	Preauthorization recommended.
	Physician/surgeon fees	No Charge	20% coinsurance	50% coinsurance	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	$25 copay/visit (office visit)/ No Charge (all other outpatient)	$30 copay/visit (office visit)/ 20% coinsurance (all other outpatient)	50% coinsurance	Includes telemedicine other than Teladoc.
	Inpatient services	Not Covered	20% coinsurance	50% coinsurance	Preauthorization recommended.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 Carroll County Memorial Hospital, Jefferson Medical Group and Reid Medical Clinic	Tier 2 Participating Providers	Tier 3 Non-Participating Providers	
		(You will pay the least)	(You will pay the most)		
If you are pregnant	Office visits	No Charge	20% coinsurance	50% coinsurance	Preauthorization recommended for inpatient hospital stays in excess of 48 hrs (vaginal delivery) or 96 hrs (c-section). Cost sharing does not apply to preventive services from a Tier 1/Tier 2 provider. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Baby does not count toward the mother's expense; therefore the family deductible amount may apply.
	Childbirth/delivery professional services	No Charge	20% coinsurance	50% coinsurance	
	Childbirth/delivery facility services	No Charge	20% coinsurance	50% coinsurance	
If you need help recovering or have other special health needs	Home health care	No Charge	20% coinsurance	50% coinsurance	Limited to 60 visits per year. Preauthorization recommended.
	Rehabilitation services	No Charge	20% coinsurance	50% coinsurance	Physical, speech, occupational, respiratory/pulmonary and vision therapy limited to 36 visits per each type of therapy per year. Cardiac rehab is limited to 36 visits per year.
	Habilitation services	Not Covered	Not Covered	Not Covered	This exclusion will not apply to expenses related to the diagnosis, testing and treatment of autism, ADD or ADHD.
	Skilled nursing care	No Charge	20% coinsurance	50% coinsurance	Limited to 60 days per year. Preauthorization recommended.
	Durable medical equipment	Not Covered	20% coinsurance	Not Covered	Preauthorization recommended for electric/motorized scooters or wheelchairs and pneumatic compression devices.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 Carroll County Memorial Hospital, Jefferson Medical Group and Reid Medical Clinic	Tier 2 Participating Providers	Tier 3 Non-Participating Providers	
		(You will pay the least)	(You will pay the most)		
	Hospice services	Not Covered (hospice services)/ $30 copay/visit (bereavement counseling)	20% coinsurance (hospice services)/ $60 copay/visit (bereavement counseling)	50% coinsurance	Limited to 360 days per lifetime. Bereavement counseling is covered if received within 6 months of death.
If your child needs dental or eye care	Children's eye exam	Not Covered	Not Covered	Not Covered	Not Covered
	Children's glasses	Not Covered	Not Covered	Not Covered	Not Covered
	Children's dental check-up	Not Covered	Not Covered	Not Covered	Not Covered

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- **Acupuncture**
- **Bariatric surgery**
- **Cosmetic surgery**
- **Dental care (Adult & Child)**
- **Glasses (Adult & Child)**
- **Habilitation services**
- **Hearing aids**
- **Infertility treatment (except diagnosis or treatment of underlying medical condition)**
- **Long-term care**
- **Non-emergency care when traveling outside the U.S.**
- **Routine eye care (Adult & Child)**
- **Routine foot care (except for metabolic or peripheral vascular disease)**

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- **Chiropractic care (24 visits per year)**
- **Private duty nursing**
- **Weight loss programs (for morbid obesity only)**

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or www.dol.gov/ebsa/healthreform or Carroll County Memorial Hospital at (660) 542-1695. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or www.dol.gov/ebsa/healthreform or Carroll County Memorial Hospital at (660) 542-1695.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-378-1179.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179.

Chinese (中文): 如果需要中文的帮助，**请拨打这个号码**1-800-378-1179.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-378-1179.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of Tier 1 pre-natal care and a hospital delivery)

- **The plan's overall deductible** $0
- **Primary care physician coinsurance** 0%
- **Hospital (facility) coinsurance** 0%
- **Other coinsurance** 0%

This EXAMPLE event includes services like:
Primary care physician visits (*prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,700**

In this example, Peg would pay:

Cost Sharing	
Deductibles	$0
Copayments	$10
Coinsurance	$0
What isn't covered	
Limits or exclusions	$60
The total Peg would pay is	$70

Managing Joe's Type 2 Diabetes
(a year of routine Tier 1 care of a well-controlled condition)

- **The plan's overall deductible** **$0**
- **Specialist copayment** **$30**
- **Hospital (facility) coinsurance** **0%**
- **Other coinsurance** **0%**

This EXAMPLE event includes services like:
Specialist office visits (*including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$5,600**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$0
Copayments	$800
Coinsurance	$0
What isn't covered	
Limits or exclusions	$20
The total Joe would pay is	$820

Mia's Simple Fracture
(Tier 1 emergency room visit and follow-up care)

- **The plan's overall deductible** **$0**
- **Specialist copayment** **$30**
- **Hospital (facility) copayment** **$50**
- **Other coinsurance** **0%**

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$2,800**

In this example, Mia would pay:

Cost Sharing	
Deductibles	$0
Copayments	$100
Coinsurance	$0
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	$100

The **plan** would be responsible for the other costs of these EXAMPLE covered services.